



# Kaiser Permanente California Firefighter Health Study Enrollment Now Open

Dear Brothers and Sisters,

**Help us fight cancer in the fire service.**

Now more than ever, California Professional Firefighters is committed to the fight against cancer.

From launching the groundbreaking California Firefighter Cancer Prevention and Research Program to partnering with the LA County Fire Department's Captain Dr. Derek Urwin after the LA fires, CPF continues to support research aimed at uncovering the causes of cancer in the fire service — including early detection and prevention strategies.

CPF has partnered with researchers at Kaiser Permanente on a new **California Firefighter Health Study**. The study will focus on identifying factors that may increase a firefighter's risk of cancer.

**We need your help.**

If you are an active or retired California firefighter and a current Kaiser Permanente member, you are invited to participate in this important study.

Participating involves 3 steps:

1. **Read and sign the study consent form** [\[HERE\]](#)  
*Learn more about the study, your participation, and how your information will be kept confidential.*
2. **Complete a 30-minute survey**  
*Share details about your firefighting experience, environmental exposures, general health, lifestyle habits, and your cancer screening history.*
3. **Provide a saliva sample**  
*Researchers will analyze your sample to better understand how firefighting affects telomeres – the parts of your chromosome that relate to aging.*

The study will provide \$50 in the form of a gift card to help reimburse you for your time and effort. All your information will be kept confidential. No individual identifying information will be shared outside of the research team or published in any research reports. **Your information will not be shared with your employer and will not become a part of your medical record.**

- Participation is voluntary.
- Whether or not you choose to participate in the study will not affect your care at Kaiser Permanente or your CPF membership. If you would like more information about the study, please email [KPFirefighterStudy@kp.org](mailto:KPFirefighterStudy@kp.org), and a member of the Kaiser Permanente research team will follow up. If you would like to participate but don't have access to a computer, please call the Kaiser Permanente study team toll-free at 833-354-0608 so they can assist you.

Please consider participating in this unique opportunity with Kaiser Permanente and CPF. Do it for yourself, do it for your family, do it for the future of the fire service.

In Solidarity,

Brian K. Rice, President  
California Professional Firefighters